

WORLD OF EVENTS

LA28 Olympic Games Fan Planner

Sports, venues, tickets, volunteering, travel and printable planning pages for Los Angeles 2028.

OLYMPIC GAMES | 14-30 JULY 2028

PARALYMPIC GAMES | 15-27 AUGUST 2028

HOST CITY

Los Angeles

Third time hosting the Summer Games

PLANNING MODEL

Venue zones

Build each day around one cluster

NEW ARRIVALS

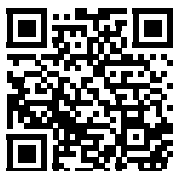
5 sports

Cricket, flag football, lacrosse, squash, baseball/softball

STATUS

Living guide

Schedules and venues can change



Keep the online version handy
Scan for updated guides, calculators and official-source links.

worldofevents.online

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START HERE

The essentials

Use this planner as a decision tool, then confirm live details with the official LA28 schedule before purchasing or travelling.

OLYMPICS 14-30 Jul Opening shared between the Coliseum and 2028 Stadium	PARALYMPICS 15-27 Aug Los Angeles hosts its first Paralympic Games	ATHLETICS Week one Track and field comes before swimming	SWIMMING Week two 2028 Stadium converts after the opening ceremony
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A smarter planning sequence

1. Choose priorities	List three must-see sports and two acceptable alternatives.
2. Group by zone	Avoid crossing Greater Los Angeles repeatedly on the same day.
3. Buy carefully	Use only official ticket channels and check the exact session.
4. Book refundable stays	Venue plans and transport details may still change.
5. Recheck before travel	Verify session times, entry rules and transport advisories.

Current ticket note

Drop 2 time slots run 10-20 August 2026 for fans selected from the closed draw. Further public opportunities are expected in 2027. Paralympic tickets are planned for 2027.

COMPETITION MAP

Sports and planned venues

Selected high-interest sports and current planned venues. Official naming may differ during the Games because of sponsorship rules.

SPORT	PLANNED VENUE	ZONE
Athletics	LA Memorial Coliseum	Exposition Park
Swimming	2028 Stadium	Inglewood
Basketball	Intuit Dome	Inglewood
Artistic Gymnastics	DTLA Arena	DTLA
Tennis	Carson Courts	Carson
Badminton	Galen Center	Exposition Park
Table Tennis	LA Convention Center	DTLA
Squash	Comcast Squash Center	Universal City
Cricket	Fairgrounds Cricket Stadium	Pomona
Flag Football	BMO Stadium	Exposition Park
Lacrosse	BMO Stadium	Exposition Park
Baseball	Dodger Stadium	Los Angeles
Softball	OKC Softball Park	Oklahoma City
Football finals	Rose Bowl Stadium	Pasadena
Volleyball	Honda Center	Anaheim
Beach Volleyball	Alamitos Beach Stadium	Long Beach
Surfing	Trestles State Beach	Orange County
Triathlon	Venice Beach	Venice
Track Cycling	Carson Velodrome	Carson
Road Cycling start	Venice Beach Boardwalk	Venice
Diving	Rose Bowl Aquatics Center	Pasadena
Water Polo	Long Beach Aquatics Center	Long Beach
Equestrian	Santa Anita Park	Arcadia
Golf	Riviera Country Club	Riviera

For the complete competition schedule, use the official LA28 schedule linked on the final page.

TRAVEL LOGIC

Plan by venue zone

Los Angeles is geographically large. A zone-first itinerary reduces unnecessary transfers and gives security queues or delays more breathing room.

DTLA	Convention Center halls, DTLA Arena, Peacock Theater	Strong rail access; useful for combat sports, gymnastics and weightlifting.
Exposition Park	Coliseum, BMO Stadium, Galen Center	Athletics, flag football, lacrosse, badminton and ceremonies.
Inglewood	2028 Stadium, Intuit Dome	Swimming, basketball and opening-ceremony activity.
Carson	Courts, stadium, velodrome, field	Tennis, rugby sevens, archery, track cycling and hockey.
Long Beach	Arena, aquatics, beach and marine venues	Water sports, beach volleyball, handball, rowing and climbing.
Pasadena	Rose Bowl and aquatics center	Football finals and diving.
Valley	Temporary competition complexes	3x3 basketball, BMX, skateboarding and modern pentathlon.
Outside central LA	Anaheim, Arcadia, Pomona, Trestles, Oklahoma City	Allow separate travel days and confirm long-distance logistics.

Daily zone check

Morning venue and session:
Afternoon venue and session:
Evening venue and session:
Primary transport plan:
Backup transport plan:

PURCHASE SAFELY

Ticket checklist

Tickets do not include visas, flights or accommodation. Use official channels and treat unsolicited resale offers with caution.

- [] Create and protect your official ticket account.
- [] Confirm the sport, date, session, venue and ticket category.
- [] Check whether the session is preliminary, medal or ceremony.
- [] Review fees and the total price before payment.
- [] Use the payment method required by the official platform.
- [] Save confirmation emails and order numbers offline.
- [] Use only official or verified resale channels when available.
- [] Do not assume a ticket provides immigration or visa assistance.
- [] Confirm accessibility requirements before completing purchase.
- [] Recheck event and transport details shortly before travelling.

Ticket priorities

Priority	Sport / session	Preferred date	Maximum budget
1			
2			
3			
Backup			

JOIN THE CREW

International volunteer planner

LA28 is recruiting a large volunteer workforce. Volunteering is unpaid and international applicants normally fund their own travel, visa and accommodation.

Core commitment to plan for

AGE 18+ Meet the stated minimum age	LANGUAGE English Read, speak and write proficiently	AVAILABILITY 10 shifts Non-consecutive shifts of about eight hours	LOCATION In person Be able to report to the assigned venue
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ROLE AREA	BEST FIT	MY RANK
Operations	Logistics and coordination	
Experience	Welcoming and guiding guests	
Sport	Competition support	
Communications	Media, content and languages	
Ceremonies	Rehearsals and production	
Medical	Qualified clinical support	
Driving	Transport and valid licensing	
Technology	IT and technical delivery	

Application evidence: prepare examples showing reliability, teamwork, calm problem-solving, guest service, multilingual ability and event experience. Never claim qualifications you do not hold.

KNOW THE REAL COST

Printable trip budget

Enter estimates in one currency. Add a contingency rather than relying on optimistic best-case prices.

CATEGORY	ESTIMATE	ACTUAL	NOTES
Flights			
Visa and documentation			
Travel insurance			
Accommodation			
Olympic / Paralympic tickets			
Local transport			
Food and water			
Mobile data / communications			
Tours and attractions			
Merchandise			
Volunteer-related costs			
Contingency			
TOTAL			

Use the interactive calculator at worldofevents.online/la28-trip-cost-calculator.html for scenario estimates.

BUILD YOUR DAYS

Itinerary and official-source checklist

Keep one flexible block each day. Security, weather, transport and session overruns can affect tightly packed plans.

Day / date	Morning	Afternoon	Evening	Zone
1				
2				
3				
4				
5				
6				
7				

Official sources to verify before acting

Games plan and venues: <https://la28.org/en/games-plan.html>
Ticketing: <https://la28.org/en/ticketing.html>
Official ticket platform: <https://tickets.la28.org/>
Olympic schedule, Version 2.0: <https://la28.org/en/newsroom/la28-reveals-comprehensive-olympic-competition-schedule.html>
World of Events planning hub: <https://worldofevents.online/>



Continue planning online
Updated volunteer, ticket, transport, accommodation, tennis and cost-calculator guides.